

Dr. Suzanne M. Quardt

Palm Desert Plastic Surgery
Rancho Mirage, California

ASK DR. QUARDT

WHAT IS A CONSULTATION WITH YOU LIKE?

From the minute the patient calls, we find out what they are interested in. When they come in, we discuss all options and work with them on the details. Patient education is so important. I take a comprehensive history and perform a complete physical exam in order to really get to know and properly assess my patients. I'm very diligent about getting all the information I need to create the right customized plan, and every patient is treated individually. I perform surgery at only fully accredited centers with board-certified anesthesiologists. As Chief of Plastic Surgery at Eisenhower Medical Center, I understand that my patients' safety is paramount.

HOW DO YOUR PATIENTS CHARACTERIZE YOU?

Friendly, warm, compassionate, approachable, honest, perfectionist, thorough, meticulous and a good listener—those are the kinds of words I often hear. Some feel that I am younger and on the cutting-edge, but it is my position at the hospital and contributions to the community that give me credibility. My patients appreciate that I give them a lot of one-on-one time and put their needs first.

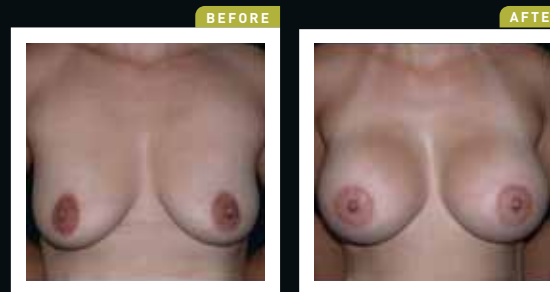
Modern mommy makeovers

Growing in popularity, mommy makeovers offer moms a way to boost their self-esteem and improve the appearance of their bodies after the many changes that occur. "A lot of women come to me with various aesthetic concerns after having children, and I am glad to be part of their journey," Dr. Quardt says. As a breast specialist who has carefully studied the safety and efficacy of combining breast augmentation with mastopexy (breast lift)—and been published on the subject—Dr. Quardt regularly works with women who need a multi-faceted approach to restore the appearance of their breasts after pregnancy and nursing. She also uses power-assisted liposuction combined with laser liposuction to improve body contours and tried-and-true procedures such as abdominoplasty to remove excess skin and fat in the abdominal area.



A BETTER BODY

After gastric bypass surgery and losing 65 pounds, this 47-year-old patient wanted to address her droopy breasts and excess skin around her abdomen. "She wanted fuller, perkier breasts and a flat tummy, which we achieved with a combination breast augmentation with mastopexies and abdominoplasty performed safely in a single session," Dr. Quardt says.



SUPERB SYMMETRY

After breast-feeding two children and losing 20 pounds after pregnancy, this 25-year-old had significant volume loss in her breasts. Using the dual-plane technique, Dr. Quardt placed 500 cc silicone gel implants through upper nipple incisions to lift the right areola for symmetry without adding any excess scars.

“showing patients I care is at the heart of my practice”

MEET THE EXPERT

Dr. Suzanne M. Quardt

American Board of Plastic Surgery

SERVICES OFFERED

Abdominoplasty
Aesthetic Injectables /
Liquid Facelifts
Blepharoplasty
Body Contouring
Breast Augmentation /
Reduction
Breast Lift
Breast Reconstruction
Facelift
Labioplasty
Liposuction / Laser
Liposuction
Mommy Makeovers
Necklift
Otoplasty
Rhinoplasty
Skin Cancer Reconstruction

ABOUT DR. QUARDT

WHAT DO YOU LOVE MOST ABOUT YOUR JOB?

I love everything about it. I love helping people and making them whole again. This specialty is so creative and comprehensive that I'm able to do so many different things from helping people improve their self-esteem, relieving chronic pain and suffering and restoring what they've lost, to any number of life-changing operations. What's not to love?

WHAT ALTERNATIVE OCCUPATION WOULD YOU CHOOSE?

When I was fifteen, I had the honor of playing at Carnegie Hall so I seriously contemplated a career as a concert pianist. However, my passion and desire to help people and make a difference overshadowed my love for music.


WHAT ANTI-AGING ADVICE DO YOU OFFER PATIENTS?

It's the simple, everyday things that make the biggest difference. Have a routine skin-care regimen, good diet and exercise. Surgery is available to tweak and enhance, and is not a replacement for healthy habits. I also offer my own prescription-strength skin-care line that is compounded in Beverly Hills and extremely effective in improving the appearance and quality of the skin. It basically contains everything that's been clinically proven to improve skin without all the unnecessary ingredients and expensive packaging.

MEDICAL DEGREE
University of Medicine and
Dentistry of New Jersey

LOCATION
Rancho Mirage, California

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 To learn more about the practice visit
drqplasticsurgery.com